



B.K. BIRLA CENTRE FOR EDUCATION

**SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL**

PRE MID TERM 2025-26

ENGLISH

Class: V

Date: 04.08.25

Admission no:

Time: 1hr

Max Marks: 25

Roll no:

General Instructions:

- 1. The question paper contains four section- Reading Skills, Writing Skills, Grammar and Literature.**
- 2. Attempt questions based on specific instructions for each part.**

Section A: Reading Skills

(05 marks)

Read the passage carefully then answer the question:

Good Health

The most important component of good health and fitness is exercise. You cannot live a happy life and contribute to the advancement of society if you're not healthy. Nowadays, schools hold physical activities frequently, and experts are called to the campus to set up the training. Exercise is crucial for everyone. Kids should exercise even at home and indulge in activities like running, skipping, brisk walking, jumping, etc., to stay physically active. Exercise boosts metabolism and helps kids generate more energy for daily activities.

Metabolism is like your body's own internal chef. It's the process your body changes food into energy, so you can run, play, and even think. Exercise can be fun for kids if they do it in a group with friends. Some universal games like catch-catch, chain-chain, football, etc., are an excellent way to make them do some sweating on the playground. Exercise ensures healthy habits in everyone. A low metabolism, means your body converts food into energy less efficiently and this can lead to several issues. One might experience weight gain due to fewer calories being burned, fatigue and lethargy, and even digestive problems.

Exercise helps in improving blood circulation. People can keep their internal and external systems in perfect shape by regularly following an exercise regime. Additionally, exercise tones muscles and keeps a person lively. As a result, people give themselves excellent, perfect, and sound health through exercising. Exercise is another simple and effective strategy to avoid medicines and health risks. Exercise is undoubtedly a medicine for all ages, people, and situations. No other prescription is needed if the tonic of exercise is regularly.

I)Based on your understanding of the passage, answer by choosing the correct option. (5)

1. Exercise is important for -

a) dancing b) going on picnic c) good health and fitness d) animals

2. Exercise boosts _____ and helps kids generate more energy -

a) friends b) energy c) population d) friendship

3) No other prescription is needed if the _____ of exercise is regularly.

a) fight b) tonic c) advice d) laziness.

4) Write true or false-

a) Exercising helps in improving blood circulation. _____

b)Exercise can be boring for kids if they do it in a group with friends. _____.

Section B: Picture Composition

(04 marks)

II.The picture given hereby requires you to write a short story based on the given picture or your experience of visiting a museum in about 50- 70 words.

You may use help words: historical, cultural, artistic, opportunity, treasure, educational journey, interesting.



Section C: Grammar(06 marks)

III. Go through the sentences and change their tenses as directed.

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1. The boy speaks the truth. (PresentContinuous Tense).

2. Veena ate all the cupcakes. (Present Perfect Tense).

3. Nisha will go to school. (Past Continuous Tense.)

IV. Identify the tense to which the sentence belongs to:

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1. The clock has just struck twelve.

a) Past Perfect Tense b) Present Perfect Tense c) Present Continuous Tense

2) I am learning to play the guitar.

a) Present Continuous Tense b) Present Continuous Tense c) Past Continuous Tense.

3) My dad had fixed the car engine.

a) Present Continuous tense b) Simple Past Tense c) Past Perfect tense

Section D: Literature (10 marks)

V. Choose the correct answer and put a tick on it. (3)

1. Meaning of **damp** is - _____

a) solid b) wet c) dry d) sweet

2. Meaning of **pot** is - - _____

a) to grind something. b) a round container made out of clay
c) attractive d) angry

3. **Kiln** means: _____

a) strong willed b) liked
c) a kind of large oven for baking clay objects after they have been shaped d) strong

VI. Who said to whom?

i) **Come, let us rest for a while.** (2)

a) Who said this sentence? _____

b) Sentence was said to whom- _____

VII. Make sentences with the given words: (2)

a) **magic**- _____

b) **surprise** - _____

VII. Answer the Questions- (3)

1. Pick out the lines from the text that indicate that Manu's mother was proud of her work.

